



presents

MORGAN HILL GET FIT

Open House, 5K and Family Run

October 17 • 8am-1pm

5K Run/Walk • 8:00 am / Family Fun Run • 9:30 am

Enjoy

Free Access to the CRC

Group FitLinxx Demonstrations

Fitness Tips for All Ages

Youth Activities

Free Food, Fun and Giveaways

**Come Ready
to Play**
Wear work
out gear

Centennial Recreation Center

171 W Edmundson Ave
www.mhcrc.com • 782-2128

